

Cygnnet

Parent Information Sessions about Autism

Are you the parent or carer of a child/young person with a diagnosis of

Autism?

If you live in Enfield and your child/young person is 6 to 18 years old and is in education, Cygnnet is a **free** course available to you!

I feel much more confident in tackling issues.

The sessions were very helpful, I've enjoyed them & learnt a lot.



After attending Cygnnet I feel more confident & now I feel that I can stand for my child.

Very informative & interactive sessions.

Cygnnet consists of 5 core weekly information sessions, and 1 or 2 additional sessions where you can find out more about Autism and learn about strategies to support your child or young person. These sessions are run on a termly basis by Educational Psychologists and Parent Support Advisors that work in Enfield Advisory Service for Autism, in a supportive and confidential group.

Session 1 – Autism and Diagnosis

Session 2 – Sensory Issues

Session 3 – Communication

Session 4 – Understanding Behaviour

Session 5 – Supporting Behaviour

Session 6 Additional session on Sibling Support (following term sessions **6/7** on Puberty, Sexual Wellbeing & Relationships)

Any questions or to request a place on Cygnet - please contact:

Tel: 0208 353 4186

Email: admin@enfieldasa.org.uk

Access the referral form via the website:
www.enfieldasa.org.uk/

Date and Time

All sessions run from **9.30am-12.30pm** on **Thursdays**
Dates: 11th January to 8th February sessions **1-5**

Date: 22nd February Additional session 6 on Sibling Support (following term sessions **6/7** on Puberty, Sexual Wellbeing & Relationships)

Attendance Criteria

- ◇ A referral form must be completed to access Cygnet
- ◇ Places on Cygnet will be confirmed with a letter to parents
- ◇ Parents must be committed to attend & arrive on time
- ◇ Core sessions (1-5) must be attended before additional
- ◇ Parents can bring interpreters, relatives & school staff e.g. Teaching Assistant/Teacher (please let us know in advance).
- ◇ Unfortunately parents cannot bring children.

Where: Prince of Wales School Salisbury Road EN3 6HG

