Cygnet consists of 5 core weekly information sessions, and 1 or 2 additional sessions where you can find out more about Autism and learn about strategies to support your child or young person. These sessions are run on a termly basis by Educational Psychologists and Parent Support Advisors that work in Enfield Advisory Service for Autism, in a supportive and confidential group.

**Cygnet**

**Parent Information Sessions about Autism**

Are you the parent or carer of a child/young person with a diagnosis of Autism?

If you live in Enfield and your child/young person is 6 to 18 years old and is in education, Cygnet is a **free** course available to you!

I feel much more confident in tackling issues.

The sessions were very helpful, I’ve enjoyed them & learnt a lot.

After attending Cygnet I feel more confident & now I feel that I can stand for my child.

Very informative & interactive sessions.

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Date and Time
All sessions run from 9.30am-12.30pm on Thursdays
Dates: Core sessions 1-5 26th April to 24th May 2018
Dates: Additional session 6/7 on Puberty, Sexual Wellbeing & Relationships on 7th & 14th June 2018 (following term sessions 6 on Sibling support)

Attendance Criteria
- A referral form must be completed to access Cygnet
- Places on Cygnet will be confirmed with a letter to parents
- Parents must be committed to attend & arrive on time
- Core sessions (1-5) must be attended before additional
- Parents can bring interpreters, relatives & school staff e.g. Teaching Assistant/Teacher (please let us know in advance).
- Unfortunately parents cannot bring children.

Where: Prince of Wales School Salisbury Road EN3 6HG